



Friday 19 June 2026

Dear Parents & Carers

Hot Weather Information & Guidance

The weather is currently forecast to be very hot at the beginning of next week. This letter contains some important information to keep our students safe and comfortable during the period of higher temperatures.

We regularly remind students of the following and would appreciate it if you can reiterate this at home:

- Students should always have a refillable water bottle in school. They may refill this using the fountains before school and at breaktime, lunchtime and after school.
- Students are advised to apply high-factor sun cream before school and re-apply at breaktime, lunchtime and before PE. They must bring their own sun cream as we are unable to supply this for them.
- When outside, we encourage students to seek shade. We advise students to keep physical activity to a minimum during break and lunch times.
- We continue to maintain our high expectations of student behaviour both in school and in the local community during this period of hot weather. Any poor behaviour involving water will be sanctioned.

PE Lessons

As always, staff will risk assess and adapt lessons accordingly, to ensure student safety. Students must wear normal PE kit and bring a bottle of water. We advise students to bring sun cream and will allow time at the beginning of PE lessons for students to apply this.

Uniform

On Monday 22 June, students can wear their Lincroft Academy PE kit to school. Only items permitted in [our policy](#) may be worn. As a reminder, flip flops, sandals, crocs, or similar, are not permitted for health and safety reasons. If students do not wish to wear PE kit, they may continue to wear normal school uniform.

We will continue to monitor the weather forecast and contact you again on Monday with an update about uniform for Tuesday and beyond.

Thank you for your support.

Yours faithfully

Ms E Appadoo

Principal

